# Basic Discipleship

# A Course On New Testament Discipleship

Topic #6

### IV. Why Are So Many Christians Baby Christians?

Nothing is more exciting than seeing someone come to faith in Christ. Being able to introduce someone to God's forgiveness and to help them to find the abundant life that Christ's promises (John 10:10) is a thrilling privilege that God wants every Christian to know. But just as important is to help new believers to growth in their faith after the second birth. God commands us to "grow in the grace and knowledge of our Lord and Savior Jesus Christ" (2 Peter 3:18 cf. 2 Peter 1:2).

In the physical realm, newborn babies are not left alone and expected to grow on their own, but they are brought into a family who loves them, feeds them, trains them and help them grow. Sadly, many people are attempting to grow spiritually when they have never had the new birth and they wonder why their lives never change. Jesus taught we "must be born again" before we can "see" or understand and be changed by the spiritual truths of God's word (John 3:3). Without the second birth it is impossible to grow spiritually. However, once we have had the new birth God's design in the spiritual realm is parallel to God's design in the physical realm. The second birth makes us members of a new family (John 1:12; 1 John 3:1-2) and that family of brothers and sisters is to be found in the local church. It is in God's local church where we care for one another. Shepherds, also called pastors, are to feed the flock of God (John 21:15-17). The Bible places a premium on spiritual growth in passages like 1 Peter 2:2 where we are told, "like newborn babies, long for the pure milk of the word, so that by it you may grow in respect to salvation."

Just as newborn babies who cannot obtain "pure milk" will not develop into healthy adults. Even so, new Christians need the basic nutrients of spiritual growth before they can advance in their understanding of deeper spiritual truths. In our day of growing biblical illiteracy, most new Christians know very little & are unfamiliar with the basics of Christian growth. So, in this section we will examine why it is that some Christians never mature and languish in spiritual infancy.

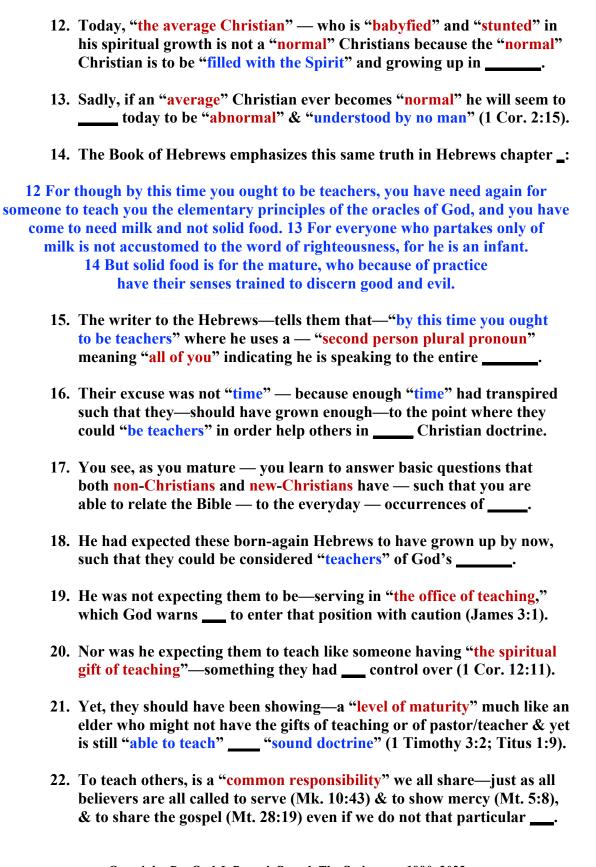
### A. Some are baby Christians because of a lack of spiritual food.

- 1. When people come to faith in Christ they are to come into a local church where a 'spiritual shepherd' known as a pastor, feeds them God's \_\_\_\_\_.
- 2. While elders today are not Apostles, all Apostles are elders or pastors (1 Peter 5:1), which is why the Apostle Paul modeled to the Ephesian elders a ministry of faithfully "teaching" the \_\_\_\_\_\_ (Acts 20:27):

20 "I did not shrink from declaring to you anything that was profitable, and teaching you publicly and from house to house . . . 27 "For I did not shrink from declaring to you the whole purpose of God.

3.	If a pastor gives his congregation only what he perceives people want to near, then he will never move God's people past into "solid food."
4.	If a student will not graduate past addition into multiplication, and then into long division & geometry & algebra & into trigonometry, and then into calculus — then he will never progress very mathematically.
5.	He may not want to go to the next level because he thinks it is too
6.	Sadly, a pastor can be guilty of not preaching 'the whole counsel of God' because he reasons it is too or too convicting to hear & so he then leaves new believers — or his entire congregation as "babes in Christ."
7.	A pastor is commanded to "shepherd the flock among you" (1 Pe. 5:2) & that involves providing spiritual food to both new & maturing believers, or otherwise—he will have a congregation of "malnourished"
8.	With that said, God can still help a believer to grow using other teachers and pastor/teachers in the Body of Christ to them to mature.
9.	But God's ideal is for a pastor to feed his people the word of God so that the sheep will be healthy—and healthy sheep will reproduce.
10.	This is why when the Lord Jesus asked Peter three times in some form, "Do you love Me?"—in response times Jesus commanded him to, "Feed My lambs," to "Shepherd My sheep," & to "Feed My sheep."
11.	However, if a pastor is "ill-prepared" or "distracted" by other ministry activities, then all he will be able to offer his flock is "predigested food" namely "milk" & he is showing a sincere "love" for Jesus Christ.
12.	A pastor is to feed Christ's sheep as Christ told Peter—so that God's people might glorify Christ—by a maturing and a reproducing
13.	God's plan is to have a pastor who devotes himself to prayer and to the ministry of the word — so that God's people — will leave the the assembly with a nutritious scriptural under their belts.
14.	Many studying this lesson, should do everything in their power to the strongest church they can, and if such a church is not available, then find the best church that has the gospel & take "vitamin supplements."
15.	A key factor for spiritual growth as we will cover in depth in Section 7, is to be filled with the Spirit & to be filled with the of Scripture.

B. So	me are baby Christians because they have not had enough time to grow.
1.	Two key components for spiritual growth and maturity are both being filled with the Spirit over the course of
2.	A person may be a "brand-new believer" and "filled with the Spirit" as much as they know — how to be "filled with the Spirit" — but enough "time" has not yet transpired for them to be "spiritual" or
3.	This is why the Apostle Paul when he planted the church in Corinth, dealt with the Christians living there as "babes in Christ."
4.	"Time" is a critical component of spiritual growth though time is certainly a "guarantee" of spiritual growth.
5.	We studied earlier in this lesson 1 Corinthians 1:1-3:
as to infar yet able fleshly.	ethren, could not speak to you as to spiritual men, but as to men of flesh, ats in Christ. 2 I gave you milk to drink, not solid food; for you were not to receive it. Indeed, even now you are not yet able, 3 for you are still For since there is jealousy and strife among you, are you not fleshly, and are you not walking like mere men (1 Corinthians 3:1–3).
6.	Having planted the Corinthian church (Acts 18:1-18) — Paul dealt with the Corinthians not as "spiritual men" — for they were new Christians being "infants" or "babes in Christ" able to absorb only simple
7.	When in 55 AD the Apostle Paul writes this letter to the Corinthians who had received Christ on his second missionary journey in 51 AD, some years had transpired since many of them had been saved.
8.	Of course, there is nothing wrong — with "being" a baby Christian, but there is something wrong with "staying" a Christian.
9.	While there is a legitimate babyhood, enough time had gone by where they should have grown up — such that Paul would have been able to have changed their 'spiritual diet' that of 'milk' to 'solid food.'
10.	Their problem was not one of 'conversion' but of 'growth' because from the Spirit's perspective who inspires Paul to write this letter — enough had passd where they should have been ready for "solid food."
11.	There are some — "baby" or "carnal" Christians — who are in spiritual infancy because they have been stunted in his growth process.



	more than you start "giving out" as is essential for maturity.
	Some Christians lack the zeal & life & growth that God intends them to have because—they are always taking in—but never giving
	When we become "teachers" we really growing for teaching others are both a "byproduct" of growth & a "means" to growth.
	When we are involved in "teaching" we are obeying the Lord's Great Commission—and we grow even more because God does not bless & cannot bless a disobedient (Matthew 18:19-20).
	So, there is nothing wrong with initially "being" a baby Christian for we all are at the moment we are saved—but there is something wrong with "staying" a baby Christian when we have had to grow.
C. Soi	me are baby Christians because they have forgotten basic truth.
	In 2 Peter 1, the Apostle Peter describes a Spirit-filled believer by giving a similar list that Paul gives (Gal. 5:21) in describing the Spirit's
2.	But then in 2 Peter 1:9 he tells us why some are displaying this fruit.
	For he who lacks these qualities is blind or short-sighted, having forgotten his purification from his former sins" (2 Peter 1:9).
	While the unsaved person is "in the dark" because Satan has blinded his mind (2 Corinthians 4:3–4) such that he headed for a cliff, getting ready to fall off into an eternal liquid lake of fire—and does even see it.
	We might even describe the non-Christians as having had his "spiritual optic nerve" cut and so he just cannot truth.
	In the same way, "the saved person" who has had his eyes opened such such that he can, "see the kingdom of God" (John 3:3), sometimes through forgetfulness has become spiritually myopic or short-sighted.
	Some believers are like the Christians in the "Church of Laodicea" who are in that they are — "rich and increased with goods, and have need of nothing" because they measure success improperly (Rev. 3:17).

23. Teaching others is a mark of growth & you will never start growing

7.	The Laodiceans—did not even realize—that they were "wretched, and miserable, and poor, and blind, and naked"—just as many spiritually "stunted" believers think everything is good when it really is
8.	The Apostle Peter informs us that anyone of us can become spiritually "nearsighted" if we reach a point where we have "forgotten" the great God paid — for the "purification" of our — "former sins."
9.	Some believers start well, but before too long they develop this kind of sick, spiritual eyesight by forgetting how provided salvation for us and redeeming us — up out from the pit — of eternal judgment.
10.	Some start well, but do not progress out of spiritual infancy in that they get so bogged down in this world, they forget the price of their forgiveness such that become "blind or short-sighted."
11.	One of the reasons we celebrate the Lord's Table is as a reminder that through the blood of Jesus Christ, we have been purged and forgiven, so that we never to forget what He has (1 Cor. 11:24-25).
12.	We all need to understand that spiritual growth is analogous to physical growth and that neither is "instantaneous" but is a process over
13.	And yet, some believers have remained "infants in Christ" because they have forgotten the price paid for them to daily die to self — or they are not being fed spiritually—or simply enough time has yet gone by.
14.	For this reason, on the one hand — it is possible to "be filled with the Spirit" daily, but because enough time has not transpired one cannot say that they have "a grown up & a growing relationship" with
15.	On the other hand, some believers have logged "decades" in the faith as truly converted, but have remained "babes in Christ" because over the "decades" they have consistently been "filled with the Spirit."
WALK	ING IN THE SPIRIT + TIME= SPIRITUAL MATURITY + CONTINUED GROWTH
16.	If you are a new Christian — just keep learning to walk with God & let Him grow you up strong in the faith—but if you are a 'stunted believer' you need to repent of your carnality and allow the Spirit to you.
17.	And if you are a Spirit-filled "spiritual man" keep growing because it does not matter where you are for there is a lot more growth to

- 18. If you do not love Christ more this year than you did last year, then you are backsliding when \_\_\_\_\_ wants you to be growing.
- 19. Thus far, we have learned that if we are not a "natural man" then we are either a "carnal man" or a "spiritual man" and God wants us to \_\_\_\_\_ spiritual in that we have a grown-up & growing relationship with Jesus.
- 20. If you are studying this lesson—and you know that you are lost or what God calls "the natural man"—then just know growth is impossible and the wisest decision you should make today is to receive Christ as \_\_\_\_\_.
- 21. If you are studying this lesson & you know you are a "carnal" believer, then just know that your growth is impaired & needs to be corrected, and you will want to pay very close attention to this entire \_\_\_\_\_\_.
- 22. And if you are studying this lesson and you know that you have matured enough such that God would call you a "spiritual man"—then just know that with the Spirit's filling your growth is empowered for \_\_\_\_\_ growth.

"I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus (Philippians 3:13-14).

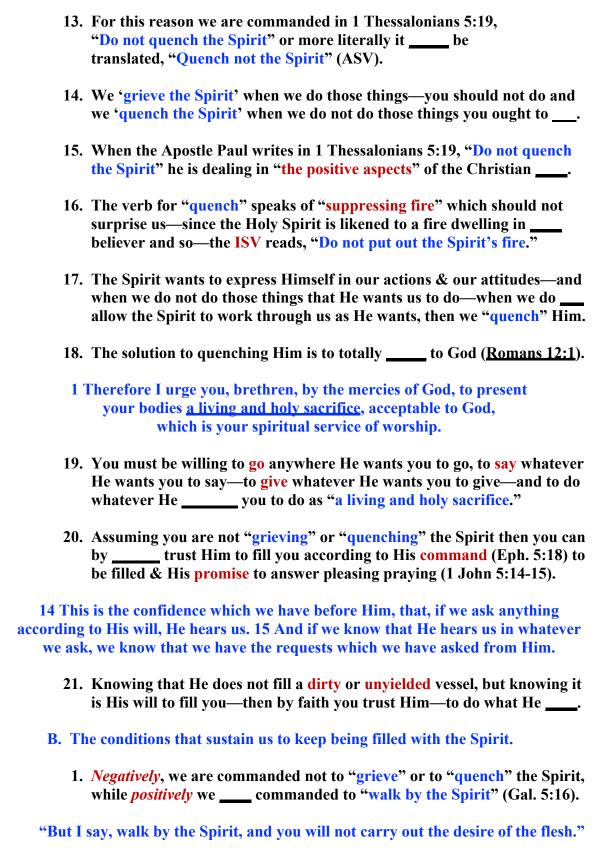
23. You ought to be able to say humbly — that while you are not what you ought to be, nor what you are going to be, you still want to grow \_\_\_\_\_.

## V. What Are The Conditions For Being Spirit-Filled?

While every true believer is indwelt or "baptized" by the Spirit, not every Christian is "filled with the Spirit." For this reason, after Pentecost we are never commanded to be "baptized" with the Spirit because it is assumed that we already have Him (Romans 8:9; 1 Corinthians 12:12; Ephesians 1:13-15). However, while all Christians are indwelt by the Spirit, not all Christians are filled with the Spirit. For this reason, God through the Apostle Paul commands us in Ephesians 5:18, "And do not get drunk with wine, for that is dissipation, but be filled with the Spirit." The comparison is clear in that both the drunk person and the Spirit-filled Christian are controlled people. One is controlled — by the alcohol he has consumed — just as the believer is to be controlled by the Spirit he has received. Just as a person under the influence of alcohol—acts in a way unnatural to God's design. Even so, someone abiding in Christ or filled by the Spirit is living in a way that is unnatural to his inherited sinful nature. In this section, we will examine from our side what the necessary conditions are so that the Spirit of God is willing to fill us. In addition, we will examine the necessary conditions that help us to live a moment by moment walk in the Spirit.

1.	There are two primary conditions that we must meet if we are to be spiritually prepared, so that the Spirit who lives in us, can fill
2.	First, we are commanded in Ephesians 4:30 not to "grieve the Spirit."
	30 Do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.
3.	The word "grieve" is a "love word" because you can only grieve someone who loves you and indeed the Spirit of God loves
4.	While your next-door neighbor's child who does wrong may bother you, only when your children do wrong — do you typically "grieve" for a we only "grieve" if we deeply the person who's doing wrong.
5.	If you can be grieved over those whom you love, all the more is the Spirit grieved out of His holiness & love for us when we do (Lk 11:13).
6.	Any 'known sin' that is unconfessed & unrepented of prevents the Spirit from filling us to produce Christ's character & His minister through
7.	The solution to grieving the Spirit of God is to confess any known
	If we <u>confess</u> our sins, He is faithful and righteous to forgive us ur sins and to cleanse us from all unrighteousness" (1 John 1:9).
8.	We learned in Section 2 of this discipleship course—that this verse is not an invitation to salvation—but an exhortation to fellowship with
9.	God wants us to know — in our experience — what is already true of us positionally & unless we are experiencing God's forgiveness then we are not "walking in the light" as commanded & we are filled (1 Jn 1:7).
10.	Positionally, every Christian has forgiveness of their sins, past, present and future (Colossian 1:13, 14)—but practically not every believer is experiencing that forgiveness (Psalm 32; 1 John 1:9).
11.	So first, there must be a "sincere desire" to be "filled with the Spirit" (Matthew 5:6) & so sin that is cherished will prevent His filling.
12.	Second, you can know that—you are "filled with the Spirit," if & only if—you are not "quenching" His filling your

A. The conditions that prepare us to be filled with the Spirit.



2. The tense of the verb indicates a continuous moment by moment dependence on the Holy Spirit to live His life in & through
3. In the physical realm, by its very nature is a succession of dependent acts where one foot is on the ground & the other is in the air
4. When one foot is lifted—it is done so in faith that the foot on the ground is able to support the full weight of your body—with each step trusting that the supporting foot — will allow you — to forward.
5. In the same way, spiritually we must not live our Christian lives in our strength, but in the Spirit's power who is ready to fill us & to assist
6. This attitude of dependence upon the Spirit is seen throughout the Bibl in the many various commands that God gives His church to carry
7. For instance, in the realm of sin, God us in 1 Corinthians 10:12
12 Therefore let him who thinks he stands take heed that he does not fall.
8. In addressing the subject of sin & temptation, the Apostle Paul is reminding us that a 'self-sufficient' attitude stumbling.
9. The Christian who rests in past victories or current resolve instead of walking in dependence on the Spirit is self-deluded and will
10. God reminds us that others have fallen (1 Corinthians 10:1-11), and so will we if we are confident of our strength (1 Corinthians 10:13).
11. The strongest Christian is one who sees himself as weak and feeble, and he believe that he needs the and the strength of the Spirit.
12. Even our ability to speak the gospel clearly and with power comes only through the help of the Spirit living His life through (1 Cor. 2:4).
13. We started the Christian life by faith, and so <i>every day</i> we are to b faith just as the Apostle Paul told the Colossian church (Colossians 2:6)
6 Therefore, as you have received Christ Jesus the Lord, so walk in Him,
14. When you came to Christ for salvation, you came in a bankrupt state, admitting your total inability to save yourself, and by faith you placed your full confidence on what did for you (Ephesians 2:8-9).

live the Christian life by your own strength, and you choose by faith to "walk by the Spirit" depending on Him as a branch depends on a
5 I am the vine, you are the branches; the one who remains in Me, and I in him bears much fruit, for apart from Me you can do nothing (John 15:5).
16. In ourselves, we are powerless, fruitless and as helpless as a branch cut off from a vine — we are unable to produce any fruit that pleases
22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control (Galatians 5:22–23) "
17. The responsibility to produce these qualities or even the "fruit" of seeing others won to Christ (John 15:16), belongs to the Holy Spirit who works in and through us—as we depend upon Him to help us to for Jesus.
16. Walking in the Spirit means you are living a life of faith based on the truths that God reveals in His (John 15:7):
7 If you abide in Me, and My words abide in you, ask whatever you wish, and it will be done for you.
17. As we walk in the Spirit we live according to God's word, trusting in the reliability of God Himself — made known through the
18. The conditions that sustain us to keep being filled with the Spirit is first to "walk by the Spirit" depending on Him — but second, we are also sustained to "walk" by the found in God's infallible word.
19. And so, beyond the command to "walk by the Spirit" in Galatians 5:16, you are also to be one who "sows to the Spirit" in Galatians 6:8.
20. If you are abiding in Christ—then His Word will be abiding in you, because the Holy Spirit does not work in a vacuum, but He always works in — conjunction with the truth — of His
21. For this reason, we are commanded in Galatians 6:8, not to feed or 'sow' to the 'flesh' but to feed or 'sow to the Spirit' as we God's word.
2 And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect (Romans 12:2).

22.	Only as your "mind" is renewed through the counsel of Scripture will more & more areas of your life conform to the Spirit's
23.	We will explore in the next section of this discipleship course how we practically on a day to say can be who "sows to the Spirit."
24.	Sadly, the Spirit-filled life today is described in terms of emotions.
25.	Sometimes people think that if they are Spirit-filled that they will display a certain kind of emotion & if that emotion is not present, they conclude that they are longer filled with the Spirit.
26.	Christ was always filled with the Spirit, and yet He displayed a wide range of emotions including "joy" (Jn. 15:11), "anger" (Mk. 11:15), "exhaustion" (Matt. 8:24) & "sorrow" (Heb. 5:7) to name a
23.	While feelings have their place in our lives — God did intend for our emotions to rule our lives but He desires His word to rule us and when the Spirit — rules our emotions — then we are Spirit-filled.
24.	For instance, we may not always "feel" like giving thanks when difficult times come in our lives but when we do, we are obeying what God says, and this is all a part of walking by (1 Thess. 5:18; Rom. 8:28).
25.	When the Spirit is filling us, we should not be looking for some emotional experience or something dramatic to happen to
26.	When we were saved it was not because of some dramatic or emotional experience that was brought upon us, but because as an act of faith we placed our confidence in the death, burial & resurrection of Jesus.
27.	Ephesians 2:8 states, "For by grace you have been saved through faith."
28.	Our emotions may have been involved, but ultimately, we do become a Christian by some emotional experience but by an act of faith in Jesus.
29.	Even so, the Holy Spirit is given to us not so that we can have some kind of an emotional experience—but in order that we can live a holy life for the Lord and to be a fruitful witness for (1 Peter 1:14-16)



- 30. The engine in this diagram represents the truth or "facts" of God's word, and the fuel car represents our "faith" in what God has said in His word with the caboose representing \_\_\_\_\_ "feelings."
- 31. Obviously, it would be futile to try to \_\_\_\_\_ the train by the caboose.
- 32. In the same way, we are not to place our faith in the way we feel, but we are to place our faith in our unchanging \_\_\_\_\_ who gives us His promises.
- 31. We do not depend on feelings or emotions to \_\_\_\_\_ a Spirit-filled life.
- 32. We can have various emotions as we walk with God, but to look or seek or an "emotional experience" is a denial of the concept of \_\_\_\_\_ and the Bible clearly states, "whatever is not from faith is sin" (Romans 14:21).
- 30. So, if you are not grieving or quenching the Spirit & are hungering and thirsting for righteousness—then by faith you can expect God to fill you for He always responds to our obeying His \_\_\_\_ (Eph 5:18; 1 Jn 5:14-15).

# VI. How <u>Does One Stay</u> Filled With The Spirit?

As we noted earlier in this section, being filled with the Spirit is not a once-and-for all experience. We have learned that the Holy Spirit lives in us forever once we are saved. You never have to ask Him to come into your life again once you have had the second birth. However, it is important that he is not only indwelling us but filling us. While we are indwelt or "baptized" by the Spirit just once at the moment of conversion, there are many fillings of the Spirit as made clear in Ephesians 5:18. We noted earlier that the tense in the Greek language in which the command to "be filled with the Spirit" was originally written, speaks of an ongoing process. The command means to be 'continually controlled' & 'continually empowered' with the Spirit as a lifestyle.

A. Trust God to continue to fill you with the Spirit.
1. The Spirit filled like is a moment-by-moment dependence on
2. Many times when we are walking filled with the Spirit we are confronted with situations that require an immediate filling to carry out God's
3. Earlier in this section—we studied how the disciples—who were walking 'filled with the Spirit' come under great persecution such that they came together for a prayer — asking for boldness — while opposed.
4. And this same group—was filled with the Holy Spirit (Acts 4:31):
31 And when they had prayed, the place where they had gathered together was shaken, and they were all filled with the Holy Spirit and began to speak the word of God with boldness.
5. We learned from that passage—that the Apostles and others did not need to "be filled with the Spirit" again because of some sin—but because they needed "the control" & "the power" of the Holy Spirit in a area.
6. They needed to "be filled" anew in order to know boldness in witnessing, in light of being "threatened" & "prohibited" to about Jesus.
7. Sometimes in a moment of need or sometimes when God simply reveals a new area of His will that He wants you to obey, just continue to yield that need under His care — that you might keep on being
8. That a new need or a new area for godly living is revealed does not at all mean that you were resisting the Spirit or in disobedience to
9. The Christian life is a growing experience and so we are not only saved by grace we are also commanded to "grow in grace" (1 Peter 3:18).
10. This is all part of a moment-by-moment Spirit-filled walk with
B. When it is necessary trust God to fill you with the Spirit again.
1. As Christians we cease to be under the "control" & "power" of the Spirit when we sin through a definite act of disobedience—because we cannot run our lives while at the same time be the control of the Spirit.
2. When this happens—then one must stop grieving the Spirit through confession of the in his life that has broken the Spirit's control.

3. We saw the solution to grieving the Spirit is simply to confess any known willful sin against God and by to claim the promise of 1 John 1:9:
9 If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.
4. There are times when we have wronged a brother or sister & we must go and for forgiveness — and if necessary — to make restitution.
23 "Therefore if you are presenting your offering at the altar, and there remember that your brother has something against you, 24 leave your offering there before the altar and go; first be reconciled to your brother, and then and then come and present your offering (Matthew 5:23-24).
5. We are to "go" to our "brother" be it a family member or church member or a friend or an associate and make things right as as possible.
6. Jesus clearly taught that our hearts are not right with God—if we are not right with each other & so—we cannot expect the Spirit to us if we are unrepentant about causing another person legitimate offense.
7. The Apostle Paul reminds us in Romans 12:18, "If possible, so far as it depends on you, be at peace with all men" knowing that it is always possible even though we are humbly attempted.
8. We have learned in this discipleship lesson that we cannot "grieve" the Spirit of God and expect Him to fill us with Himself any more than we can "quench" the Spirit of and expect Him to us.
9. So, if God makes you aware of some area whereby you are quenching Him through an unwillingness to obey the positive commands of Scripture, ther you must according to Romans 12:1, that area of our life to God:
1 Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship.
10. Assuming you have met these conditions — then by faith you can ask the Spirit to once again take control of your according to God's "command" (Eph. 5:18) & God's "promise" (1 Jn. 5:14-15).
11. By being "filled with the Spirit" through each hour of the day you will experience an abundant, joyful and fruitful life to the of God.
Scripture Memory Verses: Ephesians 5:18 & 1 John 5:14-15