

THE FRUIT OF THE SPIRIT IS KINDNESS
GALATIANS 5:22

HOW WOULD YOU MEASURE THE FRUIT OF KINDNESS IN YOUR LIFE?

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I. THE RESULT OF THE HOLY SPIRIT DOMINATING IN OUR LIVES IS THE
FRUIT OF KINDNESS

II. GOD IS A GOD OF KINDNESS

A. Old Testament

1. Isaiah 63:7
2. Psalm 23:6
3. Exodus 34:6,7
4. Psalm 107:1,8
5. Psalm 136

B. New Testament

1. Acts 14:17
2. Romans 2:4
3. Titus 3:5
4. Ephesians 2:7

C. If kindness is of God then only He can produce such kindness in and through us

D. Does that mean we do nothing?

E. We are commanded by God to be kind - Ephesians 4:32

III. THE MEANING OF THE WORD KINDNESS

A. Old Testament "hesed"

1. To bow the head
2. To treat courteously and appropriately
3. Grace and mercy

B. NEW TESTAMENT "Cresstotes"

1. Kind - 2 Cor. 6:6; Col. 3:12
2. Good - Romans 3:12
3. Usefulness
4. Benevolent

C. WHAT DO YOU FIND FROM THE WORD KINDNESS?

1. "It is the grace that pervades the whole nature"
2. Sometimes, it was used as a proper name

IV. GOD'S DISPLAY OF KINDNESS

A. To creation - Psalm 104:28

B. In God's supply for people

1. Psalm 145:7
2. Psalm 107:8,9
3. Psalm 104:28

C. In His care for people

1. The hurting - Nahum 1:7
2. Those who are crushed in spirit - Psalm 34:18
3. The poor - Psalm 68:10

D. In His holding back of His anger - Psalm 145:8,9

E. To those who wait for Him - Psalm 145:15-17

F. To those whose hope is in God - Psalm 40:11-17

G. In His compassion for the unsaved - Romans 2:4

1. God's kindness is meant to lead us to repentance
2. When someone feels the kindness of God it is designed to lead them to Christ
3. Titus 3:4
4. Ephesians 2:7
5. What was the greatest act of kindness on God's part?

V. CHRIST'S DISPLAY OF KINDNESS

A. The feeding of the 5,000 felt compassion

B. Pool Bethesda

C. Death of Lazarus Mary and Martha

D. Man whose son was dying go your son lives

E. Woman taken in adultery

F. Woman healed on Sabbath

G. Everywhere Jesus went He showed kindness - Acts 10:38

H. On the way to the cross, Jesus stopped to meet needs and show kindness

I. The cross was the greatest display of God's kindness

J. If you want to know what kindness is and how it is to be demonstrated, look at life of Christ

K. Ephesians 5:1

VI. THE ACCOUNT OF KINDNESS THE GOOD SAMARITAN - LUKE 10

A. Who is my neighbor?

B. Eyes of kindness

C. Acts of kindness

D. Opportunities of kindness

E. Sacrifice of kindness

VII. HOW TO SHOW KINDNESS

A. By sharing the gospel

B. By our words - Ephesians 4:29

C. By our attitude - Ephesians 4:32

D. By our forgiveness of others - Ephesians 4:31

E. By our meeting of the needs - 1 John 3:17

F. By our care for others

G. By our comforting of others

H. By our giving of grace to people

VIII. TO WHOM TO SHOW KINDNESS

A. Family

B. Those around us

C. People we meet

D. Practice it daily

IX. THE MEASURE OF OUR LIVES WILL BE OUR KINDNESS

A. Gal. 5:16

1. We are commanded to show kindness
2. It is the result of the Holy Spirit dominating our lives
3. No one can say they are not called, commanded by God to show kindness

B. How will we be known?

C. To whom can you show kindness this week?

D. To whom have you not shown kindness in the past? What can you do to change that?