

Psalm 1

I. The _____ Woman

A. What She _____

B. What She _____

II. The _____ Woman

A. She is _____

B. She is _____

III. Which _____

Titus Fellowships

- 1 How blessed is the man who does not walk in the counsel of the wicked, Nor stand in the path of sinners, Nor sit in the seat of scoffers!
2 But his delight is in the law of the LORD, And in His law he meditates day and night.
3 He will be like a tree firmly planted by streams of water,
Which yields its fruit in its season And its leaf does not wither;
And in whatever he does, he prospers.
4 The wicked are not so, But they are like chaff which the wind drives away.
5 Therefore the wicked will not stand in the judgment,
Nor sinners in the assembly of the righteous.
6 For the LORD knows the way of the righteous, But the way of the wicked will perish.

1. Titus Moms, read Psalm 1 out loud in your group.
2. I shared today how important it is to understand the word “blessed.” Based on what you learned today, why is this understanding so important?
3. Think about believing women for a moment. Women who know Christ. What are ways believing women are seduced into taking in the counsel of the wicked? If you take in the counsel of the wicked, do you think it is possible not to spiral downward until you are scoffing at the things of God?
4. Read these two passages and discuss how they give insight to question 3:

Matthew 5:14-16 ¹⁴ “You are the light of the world. A city set on a hill cannot be hidden; ¹⁵ nor does *anyone* light a lamp and put it under a basket, but on the lampstand, and it gives light to all who are in the house. ¹⁶ Let your light shine before men in such a way that they may see your good works, and glorify your Father who is in heaven.

1 Peter 2:11-12 ¹¹ Beloved, I urge you as aliens and strangers to abstain from fleshly lusts which wage war against the soul. ¹² Keep your behavior excellent among the Gentiles, so that in the thing in which they slander you as evildoers, they may because of your good deeds, as they observe *them*, glorify God in the day of visitation.

Final Thoughts

In what do you take great delight? What makes you smile? Where do you find your greatest joys? What captivates your heart? Where do your thoughts wander when you are not intentionally focusing on something?

On what do you meditate?

Remember, the blessed woman is characterized not only by what she does, but what she does not do. Ask God to give you a heart that delights in His Word.